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### **Child and Adolescent Intake Assessment**

**Child's Name** \_\_\_\_\_ **DOB** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Case ID #** \_\_\_\_\_ **County** \_\_\_\_\_ **Person ID #** \_\_\_\_\_  
**Gender:**  M  F **Ethnicity:**  Caucasian  African- American  Hispanic   
 Asian  Bi-Racial  Multi-Racial  Other

**Individuals participating in assessment:**

\_\_\_\_\_

**Responsible Party Information**

Responsible Party Name

\_\_\_\_\_

Relationship to client

\_\_\_\_\_

Phone Number: \_\_\_\_\_

**Current custody status:**  Parents  Sole Parental Custody  Joint Legal Custody  
 DCPP Custody  Other: \_\_\_\_\_

List all persons authorized to bring this child to therapy sessions and include a copy of the person's driver's license:

\_\_\_\_\_

\_\_\_\_\_

**Current Treatment Focus**

What brings you and your child/client to our office today?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What services are you seeking?

Individual Therapy  Psychological Testing  Supervised Therapeutic Visitation  
 Family Therapy  Group Therapy: (*name of group*) \_\_\_\_\_  
 Other (*explain*): \_\_\_\_\_

**I/we would like to address the following: (check all that apply)**

My child's/client's mood or emotional state  My child's/client's behavior  
 My child's/client's school performance  
 My child's/client's sleep, eating, or physical concerns  
 My child's/client's cognitive/mental functioning  
 My child's/client's relationships with family or peers  
 Parenting  Family relationships  Grief/Loss  
 Divorce  Other: \_\_\_\_\_

**Household Information**

**Client's Address**

\_\_\_\_\_

**Client's current living situation:**

At home with parents/guardians  With other family  Foster care  
 Residential placement  Other (explain) \_\_\_\_\_

**Please list all members of the household:**

Name/ Relationship to Client

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Please list any other significant family members who do not live with client:**

\_\_\_\_\_  
\_\_\_\_\_

**Developmental History**

Was your child/client:  Planned  Natural Conception  In Vitro  Adopted  
 Breast Fed  In Day Care  
 Unplanned  Bottle Fed  Kept at Home  
 Exposed to medications/drugs/alcohol in the womb  
 Difficult or high-risk pregnancy or delivery  
Was your child healthy at birth?  Yes  No

If not, what were the specific complications:

\_\_\_\_\_  
\_\_\_\_\_?

At what age did your child/client: Talk \_\_\_\_\_ Walk \_\_\_\_\_ Potty Train \_\_\_\_\_

Describe any developmental delays (e.g., speech, socialization, emotional, etc): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does the child/client have difficulty separating from caregivers?  Yes  No

Does the child/client have contact with extended family members?  Yes  No

Has your child/client experienced any of the following traumatic events? (Please explain)

- Death \_\_\_\_\_
- Separations \_\_\_\_\_
- Violent Behavior \_\_\_\_\_
- Physical Abuse \_\_\_\_\_
- Emotional Abuse \_\_\_\_\_
- Sexual Abuse \_\_\_\_\_
- Verbal Abuse \_\_\_\_\_
- Pornographic Material \_\_\_\_\_
- Domestic Violence: The client’s parents/guardians/adults in the home:
  - hit/push/shove each other....witnessed by child? Yes  No
  - yell/scream/raise their voices/say mean things.... witnessed by child? Yes  No
  - throw or break things in the home.... witnessed by child? Yes  No
- Parental Impairment (physical or mental) \_\_\_\_\_
- Cruelty to animals \_\_\_\_\_
- Natural Disaster \_\_\_\_\_
- Other Traumatic Event \_\_\_\_\_

Has your child/client experienced any of the following problematic behaviors? (Please explain)

- Accused/suspected of illegal activity \_\_\_\_\_
- Convicted of illegal activity \_\_\_\_\_
- Incarcerated for illegal activity \_\_\_\_\_
- Accused/suspected of sexual offenses \_\_\_\_\_
- Accused/suspected of substance use \_\_\_\_\_
- Accused/suspected of drug trafficking (e.g. selling) \_\_\_\_\_
- Accused/suspected of human trafficking (e.g. prostitution) \_\_\_\_\_
- Self- injury/self- harm \_\_\_\_\_
- Thoughts of killing self, intent, plan \_\_\_\_\_
- Thoughts of killing or harming others, intent, plan \_\_\_\_\_
- History of violent behavior \_\_\_\_\_
- Running away from home/primary residence \_\_\_\_\_
- Cruelty to or hurting animals \_\_\_\_\_
- Bed- wetting \_\_\_\_\_
- Refusing to Eat/ Overeating \_\_\_\_\_
- Fire- setting \_\_\_\_\_
- Nightmares/ night terror \_\_\_\_\_
- Other problematic behavior \_\_\_\_\_

**Education History**

**School Name**

\_\_\_\_\_

**Teacher Name(s)**

\_\_\_\_\_

**Grade Level** \_\_\_\_\_ **Academic Performance:** \_\_\_ Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_  
\_\_\_ Failing

**IEP in place?** \_\_\_ No \_\_\_ Yes (If yes, please explain): \_\_\_\_\_

\_\_\_\_\_

**Are there any problems with absenteeism?**

\_\_\_ Yes \_\_\_ No If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

**Behavior in school towards authority figures/teachers:**

\_\_\_ Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_ Failing

**Behavior in school towards peers:** \_\_\_ Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_ Failing

**Plays well with others:** \_\_\_ Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_ Failing

**Prefers being alone:** \_\_\_ Yes \_\_\_ No

**Has/had a best friend:** \_\_\_ Yes \_\_\_ No

**Hangs out with a group of friends:** \_\_\_ Yes \_\_\_ No

**Frequent changes in peer group:** \_\_\_ Yes \_\_\_ No

Please explain: \_\_\_\_\_  
\_\_\_\_\_

**Recent change in peer group or friend choice:** \_\_\_ Yes \_\_\_ No

Please explain: \_\_\_\_\_  
\_\_\_\_\_

**Satisfied with number of friends:** \_\_\_ Yes \_\_\_ No

Please explain: \_\_\_\_\_  
\_\_\_\_\_

**Satisfied with quality of friends:** \_\_\_ Yes \_\_\_ No

Please explain: \_\_\_\_\_  
\_\_\_\_\_

**The child's/client's relationships with peers can be described as:**

\_\_\_ good, healthy interactions

\_\_\_ poor, lots of conflict

\_\_\_ poor, avoids peers/people

\_\_\_ other (please explain): \_\_\_\_\_  
\_\_\_\_\_

**The child/client is known as a:**

\_\_\_ follower

\_\_\_ bully

\_\_\_ leader

**Medical History**

**Has your child/client experienced any of the following? (Please explain)**

\_\_\_ Severe illness, injury:

\_\_\_ Allergies (foods, drugs, substances):

\_\_\_ Chronic medical problems:

\_\_\_ Significant family medical history:

\_\_\_ Significant family mental health history:

\_\_\_ Prior mental health/developmental diagnosis:

**Primary Care Physician (name & phone number)**

**Current Medication Name/ Dosage**

**Treatment History: *Please list all mental health and substance abuse treatment:***

<b>Facility Name and Phone Number</b>	<b>Therapist Name and Phone Number</b>	<b>Type of Treatment (e.g. inpatient, outpatient, hospitalization, residential, mental health, substance abuse)</b>	<b>Dates of Treatment/ Current (e.g. C) or Past (e.g. P) Treatment</b>	<b>Purpose of Treatment</b>

**Response to Treatment:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Other agency services/ in the last six months (please explain):**

\_\_\_ DCPP \_\_\_ Juvenile Justice System \_\_\_ IOP: \_\_\_\_\_  
\_\_\_ Inpatient Hospitalization \_\_\_ Outpatient Hospitalization \_\_\_ Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Household/Family Information (Please explain)**

Religious Preference

Involved in local church? \_\_\_ No \_\_\_ Yes:  
\_\_\_\_\_

Normal bedtime: \_\_\_\_\_ Number of hours usually slept: \_\_\_\_\_

Where does your child/client sleep?

How is your child/ client usually disciplined?  
\_\_\_\_\_

Who is the disciplinarian in the client's home? \_\_\_\_\_

**Our household is usually (check all that apply)**

\_\_\_ Quiet \_\_\_ Calm \_\_\_ Highly structured \_\_\_ Lots of conflict  
\_\_\_ Noisy \_\_\_ Active/Busy \_\_\_ More relaxed/unstructured \_\_\_ Tense

**What activities does your child/client enjoy?**

\_\_\_ Video games \_\_\_ Telephone \_\_\_ Sports  
\_\_\_ TV /Movies \_\_\_ Reading \_\_\_ Shopping  
\_\_\_ Internet/computer \_\_\_ Art/Crafts \_\_\_ Playing outside  
\_\_\_ Being with friends \_\_\_ Playing with toys \_\_\_ Other \_\_\_\_\_

**Is there anything else you would like for us to know about your child's/client's life?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Child Assessment:** Please check all of the following that currently apply to your child/client.

Please indicate past concerns with the letter “P”:

- Anxiety  Hurts others  Hyperactive  Refusing to eat  Overeating  
 Depressed mood  Lying  Attention problems  Mood Swings  
 Panic attacks  Stealing  Worries all the time  Concerns with Body Image  
 Racing thoughts or speech  Destroying property  Impulsive  
 Obsessions/Compulsions  Defiance  Low self-esteem  
 Excessive fears or phobias  Blames others for mistakes  Suicidal thoughts  
 Dissociative states  Angry/resentful  Suicide attempts  
 Touchy/irritable  Lack of conscience  Self-mutilation  
 Nightmares  Bizarre behavior  Sexually active / acting out  
 Sleep problems  Clingy  Difficulty with change  
 Bedwetting or incontinence  Separation anxiety  Needs predictability/routine  
 Tantrums or “meltdowns”  Seems to overreact  Unexplainable mood shifts  
 Difficult to parent  Parent feels overwhelmed  Running away  
 Conflicting parenting styles  Argues with adults  Deliberately annoys people  
 Parental marital problems  Doesn't seem to listen  Takes excessive risks  
 Adopted or in foster care  Seems adult like or older  Seems younger than age  
 Lots of physical complaints  Life has been unstable  Life changes pending

**Substance Use History**

Type of Substance	Age First Used?	How much used?	Currently (C) or Past (P)?	Is this or has this been a problem? Yes or No
Alcohol				
Tobacco Use (e.g. cigarettes, smokeless tobacco, e-cigarettes, vaping)				
Cannabis (e.g. weed, pot, hash, etc.)				
Opioid Use (e.g. heroin, oxycodone, methadone)				
Stimulant Use (e.g. cocaine, amphetamines,				



Sedative or Hypnotic Use (e.g. Xanax, valium, antianxiety medications, and sleeping medications)				
Hallucinogen-Related (e.g. ecstasy, e-pills, PCP, angel dust)				
Inhalant- Related (e.g. glues, fuels, paints)				
Stimulants (e.g. speed,				
Caffeine (e.g. coffee, energy drinks, caffeinated soda, chocolate, weight loss aids)				
Synthetic Drugs (e.g. K2, spice, bath salts)				
Other:				

**Work History**

Is your child/client currently employed? \_\_\_ Yes \_\_\_ No

If yes, where and how many hours a week? \_\_\_\_\_

\_\_\_\_\_

**Legal History**

Does your child/client have any legal problems? \_\_\_ Yes \_\_\_ No

If yes, please answer below:

Problem, charge/citation	Age/ Year it Happened

**How did you hear about us?**

\_\_\_ DCPD \_\_\_ Attorney: \_\_\_\_\_  
\_\_\_ Friend/Client \_\_\_ Doctor: \_\_\_\_\_  
\_\_\_ Internet \_\_\_ Other agency: \_\_\_\_\_  
\_\_\_ Court-ordered \_\_\_ Other: \_\_\_\_\_

***I certify that the information provided above is correct to the best of my knowledge, and that I am authorized to provide such information on behalf of this client.***

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Signature of Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

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Clinician Signature/Credentials \_\_\_\_\_ Date \_\_\_\_\_